

Need a Lively Speech or Life Changing Seminar?

Judy Warmington is a busy wife and mother of three adult children, grandmother, former high school teacher (B.A. from W.M.U.), author and radio personality. Since 1983 she has presented speeches, workshops, and all-day seminars for the public as well as for businesses, conventions, clubs, and church groups.



Judy, often accused of being "born organized," shares her "secrets" of success, among them the art of planning and prioritizing. Using a warm, down-to-earth approach with humor and candor, Judy offers realistic solutions for "Cleanies" and "Messies."

FOR THE
TIME
& STUFF
OF YOUR
LIFE

Enthusiastic audiences consistently applaud her varied programs.

- HOW DO YOU EAT AN ELEPHANT?
...To get organized - 1 hour speech - motivation and direction to conquer time and organizational problems.
- HOW DO YOU EAT AN ELEPHANT?
...To control clutter - 1 hour speech or 2-3 hour workshop - learn Why and How to dejunk your life.
- HOW DO YOU EAT AN ELEPHANT?
...At Work - 1 hour speech - time management concepts and organizing principles to clean up the workplace.
- CARVING YOUR CHRISTMAS ELEPHANT
...Help for harried holidays. 1 hour speech - inspiration and techniques geared to the season's demands.
- STRESS MESS...Identify and relieve stress - 1 hour speech - this talk literally "tests" your level of stress.
- FOR THE TIME OF YOUR LIFE!
...(Customized to your group's needs)
3 - 5 hour workshop / retreat - expanded "Elephant" and miscellaneous options.

Relief is at hand!

Woman Time Management will teach you to:

- Go after Goals
- Plan and Prioritize Daily
- Process Paper Properly
- Control Clutter / Closets
- Manage Money Matters
- Keep Up a Kitchen
- Clean (or Merely Maintain!)
- Have Family Fun
- Balance Home / Career / Volunteering
- Love, Laugh, and Live!

**Take Time
to Make Time:**

21 years of 2 minute tips
on **WCSG, 91.3 FM**
in Grand Rapids, MI,
now in Journal form on
website along with
Tip & To-Do of Month!

Take a Minute and contact Judy Today!

Judy Warmington
Woman Time Management
Phone 616-669-4855
www.womantimemanagement.com
Books/Products Available on Website
(Professional Organizing Services - see other side)

The Organizing Specialists

Treva Berends 616-363-3377
www.theorganizingspecialists.com

Books/Products Available on Website

Need Some Help?

If you recognize the need for a personalized service beyond books and seminars, The Organizing Specialists can give you one-on-one hands-on help.

Meet the Master Organizer



Treva Berends combines her natural organizing ability and attention to detail with her years of experience as a Secretary and Office Manager. She brings innovative ideas and fits them to suit your individual organizing needs. Organizing clients since 1993, Treva is a member of N.A.P.O. (National Association of Professional Organizers)

Specialties Include:

- Residential/Business
- Home Staging
- Home Office
- Space Designing
- A.D.D. / Coaching
- Moving Prep / Unpacking
- Time Management
- Phone Coaching
- Personal Assistant
- Speeches (see other side)

...you name it & we'll organize it!

Are You Naturally Organized?

Ask about our training/mentor program to help you become a Professional Organizer and join our referral network! (Traning organizers since 1997.)